



# Fynvola

Specialised Care for older people with Learning Disabilities

## Newsletter – No 7.

October 2011

### Lady Dane Farmhouse



### Lady Dane

After one year Lady Dane has become a lively and active home with plenty of music and song. Residents enjoy the open feel of the communal rooms and the garden has given another dimension to their lives. Ball and large board games in the garden have been very popular. Residents have been able to take advantage of the sunshine and good weather. Dave, our Gardener, has produced some tasty vegetables and our chef has enjoyed cooking the fresh ingredients for our meals. KHoCA have enabled us to buy a marvellous new lawnmower and we are extremely grateful for their continuing support and assistance.

We have enjoyed a busy summer and the minibus has been invaluable, allowing us to venture further afield. We have taken part in activities in and around Faversham including Walk and Talk, Swim and Gym, walks in the local area and teas and coffees in Faversham town. Visits to the local Gardens, animal parks sea side and zoo have kept the residents stimulated and happy. A boat trip arranged by Mr and Mrs Raikes was much appreciated and the sunshine made it a perfect outing.

We sadly had to say goodbye to one resident. She died peacefully in her room with staff around. Her funeral was sad but positive and conducted by our local Vicar.

We have welcomed a new resident this October and a person joins us for a few days respite towards the end of the month.

Volunteers from Amicus Horizon continued the work on the sensory garden by wood preserving, roofing and planting bringing the garden near to completion. We hope to have a picture in the Kentish Gazette and a tea to thank them.



## Events and Fundraising

During the past months on

**15<sup>th</sup> June** we celebrated the first birthday of Lady Dane Farmhouse with a party for all residents, families and staff. This was a happy day.

**25<sup>th</sup> June** we have held a garden party in association with the Faversham Music Festival. This was a relaxed event with local people.

**26<sup>th</sup> June** we were in London at Mr and Mrs Smith's colourful English garden. Their longstanding support is very much appreciated.

**6<sup>th</sup> July** we enjoyed an evening in our Patron Fiona Sunley's garden. Kings' School kindly supplied the Marquee and Doctor Fox the amusing entertainment. The event was supported by over a 100 people and was a marvellous evening that proved most beneficial in making new friends and helping our fundraising.

**9<sup>th</sup> July** A La Mode held a lively Fashion Show in Faversham on behalf of Fynvola. Young and old enjoyed the retro clothes and stalls with remarkable bargains for sale.

**26<sup>th</sup> August** we held a lunch with invited guests who have generously supported us; the Countess Mountbatten being the honoured guest on this occasion. Chris, the chef, produced a lovely light lunch and our three guests were most impressed with what has been achieved by us all.

**3<sup>rd</sup> and 4<sup>th</sup> September** the Faversham Hop Festival was noisy and crowded. A jewellery stall organised by two friends raised our profile. Once again Dave, Sue and Jim fundraised for us. The group, known as Labyrinth, set up their 3 piece band in the High Street, Faversham. We are most grateful for their continued support. They sing in the local pub in the High Street on a regular basis in support of Fynvola. Find Labyrinth on . [www.facebook.com](http://www.facebook.com).



**24<sup>th</sup> September** A resident's relatives organised a Zambamarathon. Very energetic and full of fun. They danced for 2 hours at 2 different venues and paid to do so!

**25<sup>th</sup> September** The Kent Painters Association held their annual event in Sevenoaks. The paintings by local artists were most impressive and we share the profits with three other charities.

**1<sup>st</sup> October** Mr Alec Creech a relative of one of our residents presented us with £100 he had raised from a sponsored cycle run. Thank you to Alec for his personal effort.



**7<sup>th</sup> October** the Haverfordwest Ladies Choir and Labyrinth sang and entertained us in the Gospel Mission Hall in support of Fynvola. This was a lively musical evening.

**30<sup>th</sup> October** A Halloween Party was enjoyed by all. Witches, ghosts, the devil and all things spooky came out of the pumpkins.



### **Trustees' News**

The Trustees have met regularly and monitored closely the care and financial operations. With our fluctuating numbers it is hard to predict our Budget but we are confident that we are holding our own and that Lady Dane is providing a much needed facility and can see stability in the future.

Primrose Retallack retired as a Trustee. We do thank her most sincerely for all that she has done in helping us to become established and in the creation of Fynvola itself. We welcome her as a vice-President and look forward to many more years of her involvement.

We have just completed upgrading the work surfaces in the kitchen with stainless steel and purchased more computer based items for the residents. A full training programme is now underway to keep our staff updated.

Our future plans are to create a sluice room and to install more overhead hoisting in the bedrooms.

At our last meeting it was also agreed to commence a fund to enable us to build an extension on the side of the Activity Room. This will create a separate Sensory Room which will give our residents a quiet relaxing area to enjoy music and sensory equipment. We have the plans drawn up by our architect for the building so now we need to concentrate on fund-raising for this exciting new development.

## Christmas Cards

We have 3 designs of Christmas Cards for sale as last year

There are 10 cards in a pack, all one design, and retail at £3.50 per pack.

Cards may be collected or we can post them to you.

The greeting in the card is *Season's Greetings*

In addition, each card will say "Sold in aid of Fynvola Foundation" on the back.

Finished design for each card is approximately 140mmx 140mm.



Letter and 'phone box



Christmas Tree



Robin  
Robin

**PLEASE USE THE ENCLOSED FORM TO ORDER YOUR CHRISTMAS CARDS.**

**How you can help Fynvola and enhance the lives of the learning disabled person.**

We have joined **JUSTGIVING** - an easy way for people to make donations on line. Gift Aid gives us further funds so please don't forget to tick the appropriate box when giving. Thank you. Our Web site is updated regularly so please look us up on [www.fynvola.org.uk](http://www.fynvola.org.uk).

**We do thank all those people who have shown interest in our progress and kindly supported us in many ways.**

**Best wishes,**

*Jenny Gurney*

Jenny Gurney  
Chair to Trustees

---

Fynvola Foundation. Lady Dane Farmhouse, Love Lane, Faversham, Kent. ME13 8BJ

Tel 01795 537592: Email:info@fynvola.org.uk: [www.fynvola.org.uk](http://www.fynvola.org.uk): Co.No.6424626: Reg.Charity No 1122788