



# Fynvola

Specialised Care for older people with Learning Disabilities

## Newsletter No 5

October 2010

### Lady Dane Farmhouse



Lady Dane opened its doors in May 2010 and after a weeks staff training and induction, welcomed our first resident . Lady Dane now has seven residents who have settled in well to their new lives at Fynvola. The home has a relaxed atmosphere catering for individual needs with good home cooking and companionship. The Staff team has bonded together and are proving to be sincere and caring people interested in our aims and development. An Activities co-ordinator has joined the staff team and residents are enjoying various activites in the new KHoCA Centre.

### The KHoCA Actitivites Centre



The garden has been a marvellous asset and residents have been able to take advantage of the sunshine and good weather during the summer. Dave, our Gardener, has created a vegetable area and our chef has enjoyed cooking the fresh produce. We are beginning to build a sensory garden, which will be suitable for wheelchairs, for completion during the winter ready for the spring. This will include a running water feature, raised flower beds, interesting plants and quiet areas. This has been made possible by the kind donation from The Will Charitable Trust.

### Our vegetable patch



Area for Sensory Garden

### Events and Fundraising

On 26<sup>th</sup> June 2010, we held our Garden Party at Lady Dane. This was a very successful afternoon bringing many visitors, friends and supporters to celebrate the opening of the House. We were surprised and delighted to welcome Hugh Grant as our founder Patron who certainly made the event a memorable one. As you may know, Hugh has been involved from the conception of the Foundation and been very generous in his support over the past two years. Without his contribution we would not have developed so quickly. It was good to show him round the home and for him to meet our residents and staff. He congratulated us on our achievements and assured us he will visit again in the near future.

We also welcomed our new Patron Fiona Sunley. Fiona has watched our development and taken an interest in our work. We were fortunate with the sunshine, which helped the afternoon to go with a swing. Sue, Dave and Jim entertained us with music and song and Fiona kindly cut the cake baked by the staff. All together a happy event for everyone.



## Faversham Hop Festival

Once again Dave, Sue and Jim fundraised for Fynvola at the Faversham Hop Festival. The group, known as Labyrinth, long term supporters of Fynvola, set up their 3 piece band in the High Street, Faversham. We are most grateful for their continued support. They have now produced a CD of their music and part of the proceeds of sales will go to support Fynvola. [www.facebook.com](http://www.facebook.com) and find Labyrinth.

## Future Events and dates for your diary.

Mike Saxby, a rock musician, of London, will be organising a Rock Concert for Fynvola. No date has been decided; please watch the web site [www.fynvola.org.uk](http://www.fynvola.org.uk) for further details.

6<sup>th</sup> July 2011 Fiona Sunley invites friends to support Fynvola at an interesting evening with speaker and supper in her lovely gardens at Godmersham Ashford, Kent. Further details will be in our next Newsletter.

We are looking at another Golf Day Event for 2011.

Abbey School in Faversham held a sponsored walk this September to help us and is also going to help with the growing and planting of the sensory gardens. We are so pleased that young people from the local school are getting involved and thank the Abbey School for their continuing support.

Faversham Rotary Club has donated bulbs for our garden. This is part of an international event by the Rotary Club to eliminate Polio worldwide. The event has been named the "Purple Patch", and a total of **five million** bulbs will be planted all over the world. Rotary members will plant the bulbs during October. We are delighted that we will receive 5,000 of these bulbs and thank the Rotary Club for involving us with this marvellous idea which will benefit so many.

## Trustees' News

We have had our annual review with Futurebuilders England (now called Social Investment Business). They were very pleased with our progress and forecasts for the future. The Trustees meet bi monthly in order to keep a close eye on the development of the Home and the overall care of our residents. Our latest member to the Council of Management introduces herself.

**Hello**, my name is Doreen Shaw. I am a retired manager having spent 24 years working for Kent Social Services. I retired in August 2009 and after a short period of time undertook voluntary work. I was introduced to the Fynvola Foundation in May this year. I was very impressed with Fynvola and the enthusiasm and commitment of the Trustees and staff. The unit itself is very well appointed and offers individual accommodation and allows personalisation for the residents.

Fynvola is the first residential establishment of its kind in the UK and I find this both challenging and exciting. The combination of nursing and social care is designed to meet the varying needs of the residents and from my visits to Fynvola the atmosphere is both welcoming and friendly. I have met some of the residents and they have been very proud and pleased to show me their home and in some cases their bedroom. As a new group they are beginning to bond and are clearly enjoying not only the home itself but some of their activities – such as bowling.

**Doreen Shaw - Trustee.**

Nick O'Shea is taking part in a 10 kilometre sponsored run on the 10<sup>th</sup> October for Fynvola. We wish him best wishes and success for raising money on our behalf.

## Christmas Cards

We have 3 new designs of Christmas Cards for sale

There are 10 cards in a pack, all one design, and retail at £4.00 per pack.

Cards may be collected or we can post them to you.

The greeting in the card is *Season's Greetings*

In addition, each card will say "Sold in aid of Fynvola Foundation" on the back.

Finished design for each card is approximately 140mmx 140mm.



Letter and 'phone box



Christmas Tree



Robin

We have a few remaining cards from last year ....



Noel

At the reduced price of £3.50

**PLEASE USE THE ENCLOSED FORM TO ORDER YOUR CHRISTMAS CARDS.**

## How you can help Fynvola and enhance the lives of the learning disabled person.

£2 a month will buy plants for the sensory garden, small gardening equipment, art equipment, musical instruments, kitchen items and garden seats.

To make a regular donation, please fill in the standing order form enclosed and send back to the Fynvola, your help really will make a difference. Gift Aid gives us further funds so please tick the appropriate box. Thank you.

**Our plans** are to submit an application to build a Sensory room on to the side of the activities centre. This will give an added calming, peaceful environment for our residents and a facility available for the local community to experience.

We need a mini bus specially adapted for wheelchairs to enable us to take our residents to various appointments and outings. We are seeking funding from various sources and organising fundraising events to reach this goal.

Our Web site is updated regularly so please look us up on [www.fynvola.org.uk](http://www.fynvola.org.uk).

We do thank all those people who have shown interest in our progress and kindly supported us in many ways.

Very best wishes

*Jenny Gurney*

Jenny Gurney  
Chair to Trustees.